Be a **Playful Practitioner**

Jump in puddles  Laugh at their jokes

Be fun  **Climb Trees**  **EXPLORE**

Sing silly songs  Run in the park

Say YES to play  **Tickle**  Be creative

Make a den and camp overnight  Get messy

**Listen**  **Play in the mud**  Laugh

Play in the rain  **Blow bubbles**

Make time to play  Play music loud and dance

Smile  **Make memories**

Play clap hands  Have picnics inside

You can’t get their childhood back – make every moment count

#playeveryday