Be a Playful Parent

Jump in puddles  Laugh at their jokes

Be fun  Climb Trees  EXPLORE  Tickle

Sing silly songs  Run in the park

Get MESSY  Say YES to play  Be creative

Smile  Make a den and camp overnight  Laugh

Play in the mud  Blow bubbles

Play in the rain  Listen  Have picnics inside

Play music loud and dance  Make time to play

Make memories  Play clap hands

You can’t get their childhood back  – make every moment count

#playeveryday