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## **Be a Playful Parent**

**Jump in puddles** Laugh at their jokes

**Be fun** **Climb Trees** **EXPLORE** **Tickle**

**Sing silly songs** *Run in the park*

Get **MESSY** Say **YES** to play **Be creative**

**Smile** Make a den and camp overnight **Laugh**

**Play in the mud** **Blow bubbles**

**Play in the rain** **Listen** **Have picnics inside**

**Play music loud and dance** **Make time to play**

**Make memories** **Play clap hands**

**You can't get their childhood back**

**– make every moment count**

**#playeveryday**