Be a Playful Carer

Jump in puddles  Laugh at their jokes
Be fun Climb trees  EXPLORE  Sing silly songs
Run in the park  Say YES to play
Make a den and camp overnight  Be creative
Get messy  Play in the mud  Laugh
Play in the rain  Listen  Blow bubbles
Play music loud and dance  Make time to play
Make memories  Smile  Play clap hands
Have picnics inside  Tickle
You can’t get their childhood back  – make every moment count

#playeveryday