

An active checklist for #playeveryday from Play Scotland Fun for all the family. Can you...



WALK like an elephant - place your arm in front of your nose like a trunk



HOP like a kangaroo



WADDLE like a penguin



LIE on the ground and SLITHER like a snake



CLIMB like a monkey



WALK TALL like a giraffe



SHAKE your body and SHIVER like a polar bear



CRAWL like a snail or tortoise



RUN FAST like a panther



GALLOP like a horse



RUN and roar like a lion



CLAP like a sea lion



JUMP and LEAP like a frog



RUN or stand and FLAP your arms like a bird



TWIRL like a dolphin



LEAP like a lemur



STRETCH like a cat



ROLL like a pig



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PRANCE like a reindeer



STAND on one leg and BALANCE like a flamingo



WALK FAST and peck like a hen



WALK SIDEWAYS like a crab

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Any animal ideas to share, let us know at info@playscotland.org

Twitter: @PlayScotland www.playscotland.org



